

Crypto asset inventory

What exists and where. No passwords, PINs or seed words on this sheet. Update it once a year.

Owner _____ Last updated _____

Exchange and app accounts

Company	Registered email / user	Holds (coins)	Approx. value	Two-factor on (app / key / SMS) and where

Wallets you hold yourself

Name / label	Device or app	Coins	Approx. value	Seed backup kept at	Passphrase / multisig / timelock?

Devices

Device	Kept at	PIN / unlock code kept at	Used for

Other things your heirs need to reach

What	Where / how	Notes
Email account(s)		
Phone unlock		
Password manager		
Authenticator app / security keys		
Wallet configuration files		

Heirs can use this sheet too: fill it in as you find accounts and devices, before you try to open anything.